



Florida Gold League AAU Championships May 21—22, 2011

USA Competitions and Twister Gymnastics is proud to host the 2011 Florida Gold League AAU Championships. Please review the following items enclosed in this packet:

1. **Competition Schedule**
2. **Map to the facility**
3. **Rosters** will be emailed to clubs. Please review your **Roster for accuracy (missing birth dates and AAU numbers, spelling of names)**. Rosters will also be posted online, minus birthdates, for athlete's security.

Athlete & Coach Registration – All athletes and coaches must register prior to entering the arena. All coaches must bring AAU credentials. Athletes will receive a gift at registration prior to competition. Please make sure your gymnasts (and coaches) arrive 15 minutes prior to scheduled general stretch.

Area Hotel

Embassy Suites
661 NW 53rd St.
Boca Raton, FL 33487

561-994-9518

Standard rates apply

Admissions

Adults, ages 13 and up: \$15.00
Seniors & Children, ages 4-12: \$10.00

Weekend Passes

Adults, ages 13 and up: \$25.00
Seniors & Children, ages 4-12: \$15.00

If there is anything that we can do to assist you, please do not hesitate to contact us. We wish you and your families a safe trip and we look forward to seeing you soon!

Sincerely,

Randy Sikora
Meet Director

Sharyn Strickland
Event Coordinator
877-341-9007
Sharyn@usacompetitions.com

Gary Anderson
Floor Manager

Updated 05-03-11

www.USACompetitions.com

Championship Schedule

Sat., May 21

| | | | |
|------------------|-----------------------|---------|---|
| Session 1 | Level 2 | 8:00am | Stretch |
| | | 8:15am | Warm-up & compete. Awards to follow. |
| Session 2 | Level 3 | 10:00am | Stretch |
| | | 10:15am | Warm-up & compete. Awards to follow. |
| Session 3 | Level 4 | 12:15pm | Stretch |
| | | 12:35pm | Warm-up & compete. Awards to follow. |
| Session 4 | Level 4/5 | 3:30pm | Stretch |
| | | 3:50pm | Warm-up & compete. Awards to follow. |
| Session 5 | Level 6/IN/7/8 | 6:45pm | Stretch |
| | | 7:05pm | Warm-up & compete. Awards to follow. |

Sun., May 22

| | | | |
|-------------------|----------------|---------|---|
| Session 6 | Level 2 | 8:00am | Stretch |
| | | 8:15am | Warm-up & compete. Awards to follow. |
| Session 7 | Level 2 | 10:00am | Stretch |
| | | 10:15am | Warm-up & compete. Awards to follow. |
| Session 8 | Level 2 | 12:00pm | Stretch |
| | | 12:15pm | Warm-up & compete. Awards to follow. |
| Session 9 | Level 3 | 2:00pm | Stretch |
| | | 2:15pm | Warm-up & compete. Awards to follow. |
| Session 10 | Level 3 | 4:15pm | Stretch |
| | | 4:30pm | Warm-up & compete. Awards to follow. |



Best of luck to everyone!

Individuals and Team placement will be awarded each session. An overall Grand Champion Team award will be given for levels 2, 3 and 4 at the conclusion of the last session of each level. Grand Champion is the top scoring team per level, all sessions combined.



Event results will be posted at:
www.USACompetitions.com



2011 Florida Gold League AAU Championships



Meet Dates: May 21—22, 2011

Meet Site: Lynn University Gymnasium
3601 N. Military Trail
Boca Raton, FL 33431 800-888-5966

Directions from the south on I-95:

Take I-95 to Glades Rd (exit 45). Go west on Glades to Butts Rd. Turn right onto Butts Rd. going north. At Military Trail, turn left (north). The campus will be on your left just past the traffic light at Potomac Rd.

Directions from the north on I-95:

Take I-95 to Yamato Rd. West (exit 48). Go west on Yamato to Military Trail; turn left. Go south on Military Trail. The campus will be on your right just past the traffic light at Spanish River Blvd.

Directions from the Florida Turnpike:

Take the turnpike to Glades Rd. Go east on Glades to Butts Rd. Turn left onto Butts Rd. going north. At Military Trail, turn left (north). The campus will be on your left just past the traffic light at Potomac Rd.

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